HAPPY
NEW YEAR
2025
Word
of the Year
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Word of the Year

Words are incredibly powerful -
they carry energy, mental images and **FEELINGS.**

When you're clear about how you really want to **FEEL,** you become a creative force in the world.

Choose a word that speaks to you - don't overthink it!

Allow your **WORD** to guide you in discovering more about yourself this year. Stay open and receptive to the insights that come up as you commit to your WORD.

Be clear and set your intention.

Stay steadfast and take note of any resistance that surfaces. Challenge your limiting thoughts and have faith that the Universe will provide, without getting hung up on the **HOW.**

It's not your job to make things happen;
your job is to imagine your dreams and let them unfold.

Know Your WHY

What is your WORD?

Why is this the perfect word for you this year?

In what ways do you already live this word?

In what ways do you NOT live this word?

If you were to LIVE this word DAILY throughout the year, how would your life be different one year from today?

List 5 things you would have created/manifested/attracted this year.

1.
2.
3.
4.
5.

Your Vision for the Year

List 5 goals you would like to accomplish this year, based on the word you chose.

1.

2.

3.

4.

5.

How would 2025 look if you embodied this Word Daily?

Word Guide

Desire
Passion
Manifest
Travel
Action
Health
Fun
Wealth
Conscious
Learn
Change
Intentional
Empower
Wisdom
Courage
Love
Adventure
Voice
Confidence
Peace
Beauty
Grow
Relax
Joy
Awe
Focus
Truth
Abundance
Movement
Wholeness
Simplicity
Resilience
Commitment
Energy
Gratitude
Trust
Grace
Silence
Quiet
Play
Dream
Optimism
Curious
Flourish
Unstoppable
Thrive
Calm
Destiny
Shine
Vulnerable
Exploration
Possibility
Discovery
Grit
Transformation
Patience
Centered
Mindful
Awakening
Self-care
Savor
Prosper
Sparkle
Heal
Organize
Expansion
Desire
Less
Bliss
Nurture
Shine
Believe
Courage
Fearless
Divine
Gentle
Sensual
Breathe
Explore
Audacious
Wisdom
Fun
Grace
Truth
Calm
Change
Play
Health
Evolve
Voice
Relax
Heal
Magic
Less
Love
Peace
Thrive
Balance
Mindful
Quiet
Silence
Savor
Simplicity
Expansion
Vulnerable
Prosper
Resilience
Abundance
Heal
Love
Focus
Joy
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