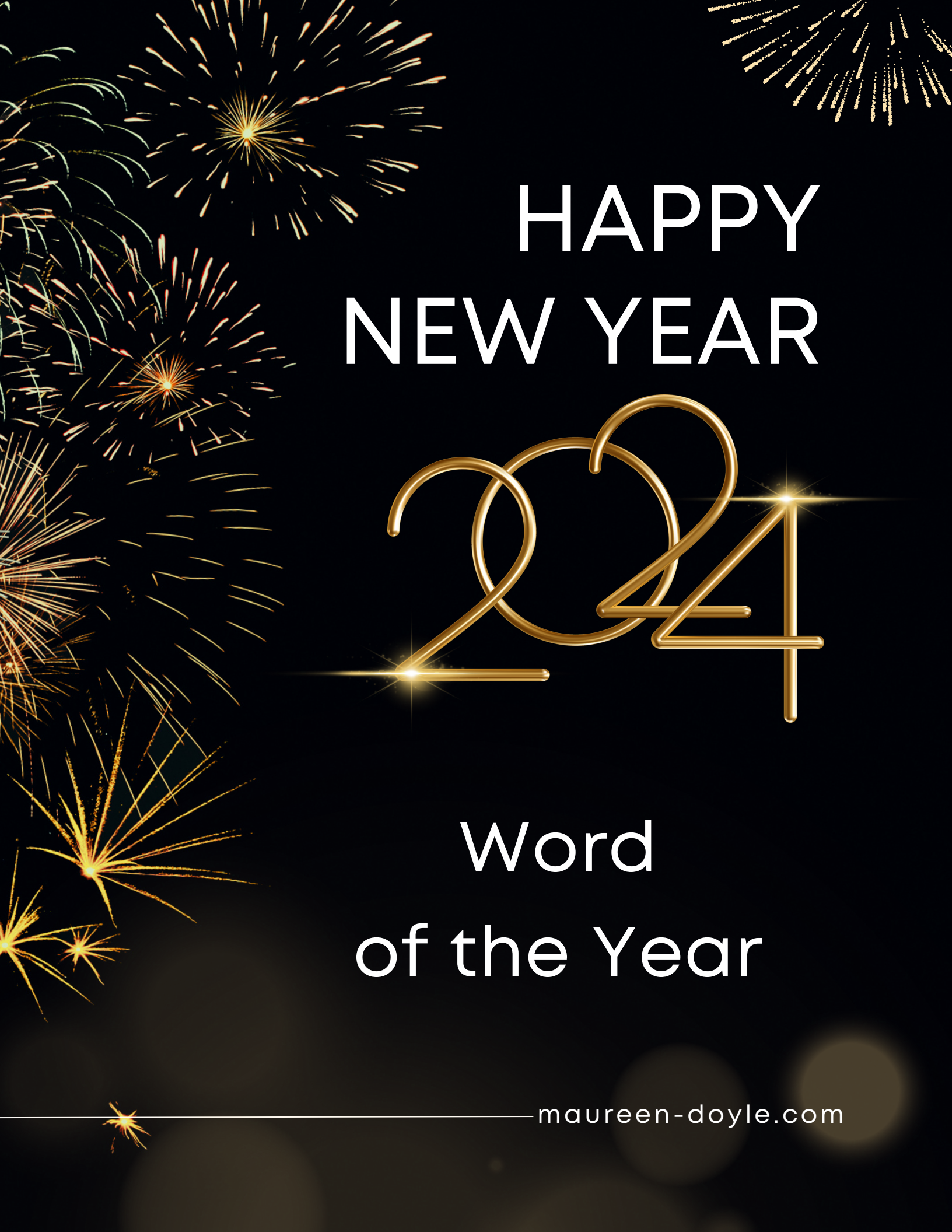
HAPPY
NEW YEAR
2024
Word
of the Year
maureen-doyle.com

Word of the Year

Words are incredibly powerful -
they carry energy, mental images and **FEELINGS**.

When you're clear about how you really want to **FEEL,** you become a creative force in the world.

Choose a word that speaks to you - don't overthink it!

Allow your **WORD** to guide you in discovering more about yourself this year. Stay open and receptive to the insights that come up as you commit to your WORD.

Be clear and set your intention.

Stay steadfast and take note of any resistance that surfaces. Challenge your limiting thoughts and have faith that the Universe will provide, without getting hung up on the **HOW.**

It's not your job to make things happen;
your job is to imagine your dreams and let them unfold.

Know Your WHY

What is your WORD?

Why is this the perfect word for you this year?

In what ways do you already live this word?

In what ways do you NOT live this word?

If you were to LIVE this word DAILY throughout the year, how would your life be different one year from today?

List 5 things that you would have created/manifested/attracted this year.

1.
2.
3.
4.
5.

Your Vision for the Year

List 5 goals that you would like to accomplish this year, based on the word that you chose.

1.

2.

3.

4.

5.

How would 2024 look if you embodied this Word Daily?

Word Guide

Fun
Soul
Joy
Heal
Work
Health
Adventure
Confidence
Manifest
Compassion
Risk
Intention
Divine
Wealth
Action
Grace
Patience
Vision
Reflection
Trust
Silence
Change
Love
Empower
Passion
Sacred
Growth
Journey
Purpose
Clarity
Release
Conscious
Courage
Real
Acceptance
Desire
Success
Focus
Travel
Wisdom
Voice
Laughter
Movement
Gratitude
Believe
Destiny
Abundance
Peace
Beauty
Expansion
Question
Truth
Awe
Savor
Guide
Energy
Listen
Exploration
Discovery
Knowledge
Transformation
Illuminate
Friendship
Centered
Possibility
Enlightenment
Awakening
Vulnerable
Resilience
Quiet
Joy
Work
Risk
Love
Change
Grow
Learn
Soul
Heal
Wholeness
Creativity
Engage
Commitment
Rebirth
Adventure
Peace
Expansion
Savor
Question
Divine
Illuminate
Transformation
Vision
Journey
Beauty
Expansion
Action
Voice
Knowledge
Reflection
Trust
Discovery
Awe
Energy
Listen
Exploration
Wealth
Illuminate
Vulnerable
Joy
Grace
Clarity
Destiny
Believe
Work
Abundance
Learn
Risk
Optimism
Release
Heal
Trust
Fun
Passion
Sacred
Growth
Journey
Purpose
Clarity
Direction
Vulnerable
Empower
Real
Focus
Quiet
Reflection
Rebirth
Awakening
Truth
Opportunity
Courage
Gratitude
Joy
Resilience
Patience
Love
Trust
Desire
Travel
Sacred
Engage
Optimism
Release
Rebirth
Success
Passion
Vulnerable
Awe
Trust
Fun
Heal
Gratitude
Centered
Simplicity
Silence
Growth
Travel
Journey
Truth
Learn
Work
Believe
Destiny
Abundance
Peace
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